

Essence: Sweet children, become soul conscious. "I am a soul and not a body". Inspire others to make this first lesson firm.

Question: How should you tell others this knowledge? What method should you use when speaking this knowledge? .

Answer: When you speak about the things of this knowledge you should do so with a lot of happiness, not out of compulsion. First sit and discuss this knowledge amongst yourselves. Then chum it and relate it to others. If you relate it in happiness whilst considering yourself to be a soul, those who listen to you can also experience happiness.

Om shanti. Baba says: As you sit, be soul conscious because it is the soul that has good or bad sanskaras. It is the soul that is influenced by everything. It is the soul that is said to be impure. The term "an impure soul" is used, and so it must definitely be referring to a human soul. You souls are now with your body. The very first thing Baba says is: As you sit, consider yourself to be a soul. As you sit down, do not consider yourself to be a body but a soul. It is you, the soul, that makes your *organs* function. By repeatedly considering yourself to be a soul, you will remember the Supreme Soul. If you remember the body, the father of your body is remembered. This is why Baba says: Become soul conscious! Baba is teaching you. This is the first lesson. You are an imperishable soul and your body is perishable. If you do not remember the words "I am a soul" you will become weak. It is at this time that Baba teaches us the words: "I am a soul and not a body". No one ever taught us this before. Baba has come to make us soul conscious and to give us knowledge. The first knowledge He gives us is: Hey soul, you are impure. This is the old world. Children, you have to explain to a lot of people at the exhibitions. They ask you many questions. Therefore, instead of taking a *rest* in the afternoon, you should meet at that time and ask about one another's news. Tell each other the different questions people asked and how you explained the answers. You can then explain to them again. Explain, not perhaps in this way, but in that way. Each one's method of explaining is different. The main thing is to consider yourself to be a soul, not a body. Everyone definitely has two fathers. Every human being has a physical father as well as the Father from beyond. To have a limited father is a *common* thing. You have found the unlimited Father here. He sits here and explains to us souls. He alone is the Father, the *Teacher* and the *Guru*. You should make this firm. You should all sit down together and discuss amongst yourselves the questions people have asked you and how you have answered them. Even the clever ones should sit there. You have *time* during the afternoon. You should not simply become drowsy because you have had a good lunch. Those who eat a lot feel sleepy. You should have *classes* during the day. "Such-and-such a person asked this; this is the *response* I gave." They ask you many different questions and they need *real* answers. You should check whether you were able to bring them closer and were *satisfied* with your answer. If not, you should *correct* yourself. Even the clever ones should sit there. It shouldn't be just because you've had lunch that you quickly feel like sleeping. Deities eat very little food because they remain very happy! This is why it is said that there is no nourishment like happiness. Children, you should have a lot of happiness. There is a great deal of happiness in becoming a Brahmin. You only become Brahmins when you receive happiness. The deities have a lot of happiness because they have wealth and palaces etc. They have everything! Happiness is enough for them. Because they are happy, they eat very little and it is light food. This too is a rule. When you eat too much you become very drowsy and when you are drowsy you're unable to explain to anyone. Then it's as though you speak out of compulsion. You should have a great deal of happiness when you listen to and relate matters of knowledge. They are very easy to explain. The main thing is to give Baba's introduction. No one knows Brahma. There is Prajapita Brahma (Father of the People) and so there must definitely be plenty of people also. What would Prajapita Brahma be like? You should explain this very well. Baba has explained: I enter him at the end of the last of his many births, during his stage of retirement. Otherwise, where would the chariot come from? The chariot of Shiv Baba has been remembered. How does He enter the chariot? People are confused about this. However, a chariot is definitely needed. It cannot be the body of Krishna. He would definitely explain through Brahma. Where

• Words that Baba has spoken in English are shown in italics.

does Brahma come from? However, He wouldn't speak from the subtle regions. Baba has told us that He enters this one, the one who has taken the complete eighty-four births. He himself doesn't know anything; I explain through him. Krishna doesn't need a chariot. Because Krishna is spoken of, there is no role for Bhagirath (the lucky chariot). Krishna is not called the Lucky Chariot. His first birth is that of a *prince*. And so, children, you should churn all of this. Children, you know that the stories mentioned in the scriptures are not told here. However, it is correct to say that the ocean of knowledge was churned and that the *um* of those chummings was given to Lakshmi. She then gave that nectar to many others. Only then could the *gates* of heaven open. The Supreme Father, the Supreme Soul, does not need to churn. He is the Seed. Therefore, He has the *knowledge*. Only He knows it. Since you too know it now, you have to explain it clearly to others. How can you claim a deity status unless you have understood? Baba explains to you souls in order to *refresh* you. Others do not know of these things. Baba comes and explains: Your anchor has been raised from the path of worship and you are steaming along on the path of knowledge. Baba says: The knowledge I give you now will again vanish. One is the incorporeal Father and the other is the corporeal father. Everything is explained to you very clearly and yet Maya is such that she can attract you and take you back into that rubbish so that you become impure again. Therefore, Baba says: Children, by sitting on the pyre of lust you have been totally buried in the graveyard. However, Paristhan (the land of angels) is definitely coming here. For half a cycle it is Paristhan and then for half a cycle it is Kabristhan (the graveyard). Everyone at present is buried in the graveyard. You can use the picture of the ladder to explain all of these things very well. This is the impure kingdom. It definitely has to be destroyed. At present this earth is a graveyard. This earth is again about to *change* from the *iron-aged* world to the *golden-aged* world. Afterwards, there will be a reduction of two degrees. Even the degrees of celestial matter decrease, and so this causes upheaval. When someone has something explained to him very well and he still doesn't understand, it can be said that that soul is as worthless as a shell; he has no *value*. Everything Baba tells you as He sits here has *value*. "A birth like a diamond" has been remembered. Previously you too didn't know the Father, and so you were also as worthless as shells. Baba has come to make you like diamonds. Only the Father can give you a birth which is like a diamond and so why do you become like a shell again? You are God's children. There is a song that goes: Souls remained separated from the Supreme Soul for a long time. There is no benefit from the meeting in the land of peace. That is simply a place of purity and peace. Here, you are human souls and so Baba, the Supreme Soul, who doesn't have a body of His own, has to adopt a body in order to come and teach you. You know the Father and you say "Oh Baba!" and Baba replies "Oh child!" A physical father would say "Come children, I'll give you all some *toli*", and you would definitely all come running. This Baba said: Hey children, come and I will make you all into the masters of heaven and so you all definitely came running here. They even call out: Come and purify us impure souls. Come and make us into the masters of the pure world. You now have faith in this and so you should be obedient. It is you children who called Me and it is you children I come for. Children, I tell you: You called out to Me to come, and so I have now come. Baba is also called the Purifier. You cannot become pure by bathing in the water of the Ganges. For half a cycle you have been making such mistakes. You have been searching for God but none of you understood anything. Baba says: Oh children! Therefore, children, you too should say with that same zeal and enthusiasm "Oh Baba!" However, children, you don't seem to have that zeal and enthusiasm. That is called body consciousness, not soul consciousness. You are now sitting personally in front of Baba. By remembering your unlimited Father, you would also definitely remember your unlimited kingdom. You should *respond* to such a Father with so much love! Baba has come because you called out for Him to come. According to the drama plan, there cannot be a difference of even a *minute* when He comes. Everyone chants: Oh Father, have mercy on us! *Liberate* us! We are all bound by Ravan's chains. Come, and become our *Guide*! Therefore, Baba has also become your *Guide*. Everyone calls out to Him. Oh Liberator! Oh Guide! Come and become our Guide. Take us back home with you. You are now standing at the confluence age. Baba is creating heaven. It is now the iron age and so there are billions of human beings. In the golden age, there were just a few deities. Therefore destruction must definitely have taken place. This destruction is just ahead of us. There is also the remembrance of the arrogance of science about this. They create so many weapons with

their intellects. That is the Yadava community. *History* has to *repeat* again. The *history* of the golden age is now to *repeat*. You understand that you are making effort in order to claim a high status in the new world. You definitely do have to become pure for this. Explain to everyone: This impure world is definitely going to be destroyed. Your children etc. will not live through it. They will neither become your heirs, nor will they get married etc. A great deal of time has passed by and very little time now remains. Very little time is now left and all of it is accounted for. Previously, you didn't say that very little time remains. Those who were with us in the early days have died and taken birth again, numberwise, according to the effort they made. Many of them also must have come here. Souls who have departed from here and then return in a different body can be recognized. They cannot be happy without this knowledge. They even tell their parents: We want to go there. These matters have to be understood very clearly. Destruction definitely has to take place. You can see the preparations being made for the war ahead. At least half a country's budget must be on weapons of war. They are manufacturing such *acropplanes* that they even claim to be able to destroy everything from their own country. They continue to make such weapons. *Hospitals* etc. will not remain. According to the drama plan, they also receive signals from the Father. This too is fixed in the drama. They believe that no one should fall ill. But everyone definitely has to die. It is said: Rama and the community of Rama left and so did Ravan and those of his community. The life-span of those who sit in yoga now will definitely increase. They will leave their bodies of their own free will. There is the example of those who have the knowledge of the brahm element. They leave their body in great happiness because they believe that are going to the brahm element. However, none of them is able to go to the brahm element yet, nor are their sins destroyed. They simply take rebirth here once again. Baba tells you the method to cut away your sins: Constantly remember Me alone! Do not remember anyone else! Don't even remember Lakshmi and Narayan. You know that it is through making this effort that you can claim that status. Heaven is now being created and we are now studying in order to attain that status, numberwise according to the effort we make. The *dynasty* of Lakshmi and Narayan is being created now, at the confluence age, by the Father. You should give such talks that it penetrates their intellect *accurately*. At this time, we are God's children! As the mouth-born offspring of Prajapita Brahma, we are brothers and sisters. All souls are brothers. Brahma Kumars and Kumaris do not get married. Baba tells you how some souls fall. The fire of lust burns the soul. However you should be afraid of falling, because once you fall everything you have accumulated will vanish. If you are defeated by lust, you destroy your status. This income is so great. At the most, people here can earn multimillions. However, they don't know that within a short time all of it is to be destroyed. Those who manufacture *bombs* do realize that this world is to be destroyed. They say that someone is inspiring them to make them, and so they continue to do so. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Churn this knowledge and discuss it amongst yourselves then explain it to others. Renounce laziness!
2. Become soul conscious and remember Baba with a lot of zeal and enthusiasm. Always maintain the intoxication that you are the children of God and have come to the Father in order to be changed from shells into diamonds.

Blessing: May you remove all your weaknesses by understanding their cause and become complete with all powers.

In order to serve and to benefit the world become completely full of the treasure of all powers. Check whether you have internalized all the powers or whether a particular power is missing. If you have any weakness, then find the cause and remove it. Maya's rule is to use the weakness you have in order to defeat you. At the end, that particular weakness will deceive you. Therefore, do not allow any weakness to stay within you. If you are not able to remove it, then take help from someone and become powerful.

Slogan: Creating a powerful atmosphere with your spiritual vibrations is very elevated service. * * * *